

# Gary Hosey

Speaker - Master Trainer - Certified & Accredited Coach

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Gary Hosey is driven by a passion for unlocking people's full potential, both personally and professionally. As a trusted advisor, he empowers clients to tackle their most pressing challenges with straightforward, common-sense principles. Gary's approach ensures a clear understanding of each unique situation, enabling leaders, teams, and organisations to focus on what truly matters. His blend of emotional intelligence and practical wisdom consistently fosters extraordinary performance. With over twenty years of experience and a steadfast commitment to excellence, Gary coaches and facilitates individuals and teams to achieve their best, transforming their performance into impactful action and lasting results.

## Professional Profile

With over 30 years of experience in training, management development, and coaching, Gary has honed the flexibility and expertise needed to deliver consistently high-quality results. For two decades, he has supported diverse senior teams on their journey to higher performance. He has become a powerful enabler for senior teams by using a proven approach of facilitated alignment workshops combined with individual coaching. His extensive experience includes delivering high-value programs to over 25% of the Times Top 200 national and international organisations.

## Coaching Experience

Gary Hosey is dedicated to guiding people and teams toward higher performance, learning, and development. With extensive experience in leadership, executive, and behavioural coaching, he brings certified expertise to every engagement. Accredited in EQ Leadership, EQ-i 2.0, and EQ360 psychometric assessments, Gary accelerates emotional intelligence development for his clients. Having conducted over 7,000 one-on-one sessions with feedback, he is recognised as a leader in integrating emotional intelligence with behavioural coaching, helping individuals and teams reach their full potential.

## Speaker Profile

Gary Hosey's interactive talk guides the audience through his transformative journey from emotional dysfunction to becoming a leading expert in emotional intelligence (EQ). He captivates the audience with stories that bring EQ leadership to life, engaging the audience in a moving and enlightening way. With a down-to-earth and self-deprecating style, Gary illustrates the profound impact that EQ—and its absence—can have on personal and professional life.

## Client feedback

### International Defence Organisation - Vice President Performance Excellence

Having worked with Gary Hosey and ei.co for over ten years in senior team and individual development, coaching and behavioural development. I value their ability to listen carefully to our needs and tailor solutions to meet our requirements. They're very good at forming positive relationships with the people they work with and building trust, which is essential when undertaking this work. Their results have helped me build strong teams with common goals and improved individual and team behaviours, which are critical in achieving and maintaining high performance. We also improve personal and team effectiveness, self-awareness and recognition of the impact on others. Our ability to tackle complex, often previously seemingly unachievable objectives and challenges. ei.co is a very people-focused organisation that works hard to deliver exactly what we want. They are attentive and professional without losing the essential personal touch we need when working in the sensitive areas of individual and group behavioural development. In a word, I trust Gary and his team.

### Global Retailer - Director of Operations

My need for coaching was to enable me to make the transition from Manager to Director in a £100m turnover company. My self-awareness and the ability to recognise and understand myself, let alone others, was underdeveloped. We had a structured plan at the start with the coaching and kept a development action plan to support and help me proactively apply the actions. There was acknowledgement (from my manager) over 12 months of how much I had changed in my responses and empathy towards others, which enabled me to reach the Director position. I am working on my leadership style with former peers as direct reports. Having received feedback that I am good at initiating contact and creating favourable impressions, I approach everything with great optimism and enthusiasm. The coaching has enabled me to tune into situations more effectively and to learn from experiences.

## Clients include:

**HITACHI**  
Inspire the Next

 **Endeavour**  
Partnership



**AlixPartners**  
when it really matters

**BANKSGroup**  
development with care

**HERIOT WATT**  
UNIVERSITY  
UK | DUBAI | MALAYSIA



 **University of Dundee**

**UNIVERSAL MUSIC GROUP**

The Queen's Award for Voluntary Service  
**PCP**  
Health, wellbeing and learning for all



**The Scottish Parliament**  
Pàrlamaid na h-Alba

**BAE SYSTEMS**

## Coaching & Emotional Intelligence Qualifications

- 2003 - EQ-i Certification in MHS Inc. emotional intelligence assessments.
- 2004 - EQ360 Certification in MHS Inc. emotional intelligence assessments.
- 2005 - Certified Master Coach - Graduate of Applied Coaching: Behavioural Coaching.
- 2005 - ICC Member; International Coaching Council.
- 2005 - Advanced Interpretation with EQ-i & EQ360 emotional intelligence assessments.
- 2009 - EQi 2.0 & EQ360 Master Trainer for MHS Inc.
- 2018 - Distribution Partner with MHS Inc.

## Client and sector diversity and experience

Since 2009, we have certified over 200 people in over 100 organisations worldwide. In 2018, we became a Distribution Partner for Multi-Health Systems Inc. (MHS.com), covering Europe, the United Kingdom, and Ireland.

We have large public-sector clients, such as NHS Digital, Sellafield Ltd, the Scottish Parliament, and Gloucestershire Constabulary. We also support many higher education and university organisations, including Herriot Watt, Edinburgh University, West of Scotland University, and Glasgow University.

Many organisations we support that use EQ-i 2.0 to develop emotional intelligence also invite us to deliver our EQ development programmes with and for their people. Our clients include Hitachi Rail Ltd, AlixPartners, Banks Group, and numerous SME charities and organisations. We have worked with 74% of business sectors nationally and internationally.

## How we add value to our EQ-i 2.0 practitioners

We are committed to the long-term support of our EQ-i 2.0 practitioners.

## Unlimited supervision of EQ-i 2.0 reports

From time to time, we all experience more challenging EQ-i results to interpret, which is why we offer this support to all our practitioners. Knowing you can always get supervision and a second opinion for someone's results can boost confidence in your practice and use the EQ-i 2.0 reports.

## Complimentary EQ-i 2.0 Refresher & Engage EQ360 quarterly sessions

These open sessions are available to our practitioners. In addition to refreshing interpretive practice for EQ-i and EQ360, we explore many EQ-related applications and topics.

## Access to our extensive actions & development library

Since 2000, we have designed and delivered emotional intelligence development programmes to over 10,000 delegates globally. We have collated a vast action and development library that you can access via our team. Currently, the access is via a short virtual meeting to identify the appropriate development action for your client's needs; this is then passed to the practitioner for unlimited ongoing usage.

## EQ-i & EQ360 Certification Feedback

### Head of Global HR

The EQ-i 2.0 Certification was valuable in ensuring that our HR and L&D professionals use the 'gold star' resources to develop our current and future leaders. The comprehensive training highlighted the critical emotional intelligence elements that will create a strategic learning path for seasoned executives to ensure success in their roles. Gary was an exceptional trainer with a wealth of experience helping HR and L&D professionals integrate this resource.

### HR Consultant, Facilitator & HR Coach

The pre-workshop preparation and communication were excellent, so I looked forward to attending the training. I certainly wasn't disappointed; Gary is an excellent trainer, coach and facilitator. His passion for the EQi 2.0 tool is evident, and his approach and methods made it very easy to understand how best to use the tool for the benefit of our clients. Gary is very generous with his time, materials and ideas, and I'd have no hesitation in recommending the accreditation training he offers.